

Pre-departure information for Utrecht

Course	
Version	

Before you leave

What to bring

- Valid passport (an ID card is not valid unless you are an EU citizen)
- Travel insurance which covers medical costs, liability, accidents and expatriation to your home country in case of emergencies
- Cash money for your first meals, drinks, transportation (€ 100 should do)
- A converter for European plugs
- Clothing: summer clothes, a sweater and a rain jacket
- Towels (not provided by Utrecht Summer school)
- An internet cable (network / UTP cable)

Visa

The Netherlands is part of the Schengen area. Please check if you require a Schengen visa. More information can be found here:

[Visa regulations for entering The Netherlands](#)

Please note: A Schengen visa's validity may be limited to only one country (e.g. the Netherlands) or a specified number of countries (e.g. Belgium, Luxembourg and the Netherlands). In such cases, the visa holder may visit only the countries for which the Schengen visa is valid.

Upon arrival

From Schiphol Airport to Utrecht Central Station

By train: Schiphol train station is situated directly below the airport. You can pick up a free baggage trolley from the platform. Via Schiphol Plaza you can walk straight to the departure or arrival hall. Train tickets are available from the yellow ticket machines near the platforms at Schiphol Plaza or from the ticket offices, which are situated close to the red/white-checked cube at Schiphol Plaza. Trains depart for Utrecht about every 15 minutes. Buy a one way ticket (enkele reis) to Utrecht Central Station (€ 7,80). There is a direct train to Utrecht every half hour. You can also take the train to Duivendrecht, where you will need to change trains (watch out for pickpockets!): find your way to the upper platform, from where the train to Utrecht will

depart. Intercity trains are faster than local trains. When in doubt, you can always ask someone at the ticket office. You will soon notice that almost everyone in the Netherlands speaks English fairly well. For journey advises and time tables you can also check: www.ns.nl

From Eindhoven Airport to Utrecht Central Station

From the arrival hall at Eindhoven airport you can walk to the bus stop. With bus nr 401, starting at Eindhoven Airport, Eindhoven Central station is accessible in approximately 15 minutes. You can buy a ticket in the bus. Train tickets are available from the yellow ticket machines near the platforms at Eindhoven Central station or from the ticket offices in the central hall of the station. Buy a one way ticket (enkele reis) to Utrecht Central Station (€ 12,80). There is a direct train to Utrecht every 15 minutes. Travelling from Eindhoven Central Station to Utrecht Central station takes 50 minutes. For journey advises and time tables you can also check: www.ns.nl

From Utrecht Central Station to Registration Desk

On foot from Utrecht Central Station

The Utrecht Summer School is located in the centre of Utrecht, within walking distance of Utrecht Central Station.

- From the station, walk past the Vredenburg
- Follow the Lange Viestraat
- Continue past the Oude Gracht and Neude square to the Janskerkhof
- Janskerkhof 30A is located next to the church "Janskerk" in the centre of the square.

By bus from Utrecht Central Station

The following buses stop at the bus stop "Janskerkhof":

- line 11 - direction 'Uithof/AZU'
- line 3 - direction 'Burg. Fockema Andreaelaan'
- line 4 - direction 'Burg. Fockema Andreaelaan'
- line 8 - direction 'Overvecht Zuid'
- Janskerkhof 30A is located next to the church "Janskerk" in the centre of the square.



The summer school office

Accommodation

Registration Desk Address

Janskerkhof 30a

3512 BN, Utrecht

The Netherlands

For directions, see above

Your Room

Your room will be available during the period as indicated in the table below:

Course starts	Key pick-up	Room available until
4 July	3 July, 10 AM - 8 PM	12 noon on the last Friday of the course
11 July	9 or 10 July, 12 noon - 6 PM	12 noon on the last Friday of the course
18 July	16 or 17 July, 12 noon - 6 PM	12 noon on the last Friday of the course
25 July	23 or 24 July, 12 noon - 6 PM	12 noon on the last Friday of the course
1 August	30 or 31 July, 12 noon - 6 PM	12 noon on the last Friday of the course
8 August	6 or 7 August, 12 noon - 6 PM	12 noon on the last Friday of the course
15 August	13 or 14 August, 12 noon - 6 PM	12 noon on the last Friday of the course
22 August	20 or 21 August, 12 noon - 6 PM	12 noon on the last Friday of the course

In case you have reserved housing we have booked a room for you in a student dorm. You shall have to leave your room on Friday morning. In case the course ends on a Thursday, your lodging is still available until the Friday.

You can pick up your key at the registration desk. The address of your accommodation will be given to you upon arrival. In order to receive your keys, you will have to sign a contract confirming that you will leave your room clean and complete upon leaving Utrecht. Only if you can't collect your keys in the weekend, you can do so on Monday morning (first day of the course). Please contact your course coordinator if you are planning to arrive on Monday!

Late arrival and departure

For alternative accommodation before/after the course you can book a hostel or hotel.

Cheap options (€ 25-40)	More expensive options (€ 80+)
<p>Strowis www.strowis.nl Phone: + 31 (0)30 238 02 80</p>	<p>NH Centre Utrecht www.nh-hotels.com Phone: +31 (0)30 231 31 69</p>
<p>B&B Utrecht City Center www.hostelutrecht.nl Phone: + 31 (0)6 504 348 84</p>	<p>NH Utrecht www.nh-hotels.com Phone: +31 (0)30 297 79 77</p>
<p>Stayokay Utrecht - Bunnik www.stayokay.com Phone: +31 (0)30 656 12 77</p>	<p>Apollo Hotel Utrecht City Centre www.apollohotelsresorts.com Phone: +31 (0)30 233 12 32</p>
<p>More at Hostelworld.com</p>	<p>Hotel Mitland www.mitland.nl Phone: +31 (0)30 271 58 24</p>
	<p>More at Booking.com</p>

About your accommodation

All rooms are furnished and have shared facilities, such as kitchen and bathroom. The beds are supplied with only a mattress. You will receive a duvet plus pillow and sheets, pillow cases and a duvet cover. You may take the duvet cover home afterwards. There are no towels, so bring your own. Please take care that nothing of the inventory is missing on your leave.

Residence behaviour

There are few rules concerning behaviour in the residences, but all students are expected to behave with due consideration for their neighbours, and respect for property. During the week it is expected that the hours between 24:00-07:00 are reasonably quiet, and that you respond to the requests of neighbours to turn down loud music, etc. There is no curfew, but for security reasons the buildings should be locked at night and you should not admit visitors unknown to you. Please take care of your keys, and never leave them in your door. Please keep communal areas tidy, wash up after meals, and keep the bathrooms as you would like to find them. Since the rooms are student rooms, no hotel rooms, you have to take care of cleaning it yourself and also put your garbage in the garbage can!

Housing remarks

In case you have any complaints, please use the online form in your [personal account](#). You can also call Utrecht Summer School at +31 (0)30 253 44 00.

About the programme

Day-to-day schedule

The course schedule can be downloaded at [< INVULLEN >](#)

First day of the course

Meeting point

[< INVULLEN >](#)

Schedule for the first day

[< INVULLEN >](#)

Practical matters

Weather

The Netherlands has four seasons: winter (December - February), spring (March - May), summer (June - August) and autumn (September - November). The weather in Utrecht in summer can be pleasant, sunny and warm, i.e. 20-28 degrees Celsius. But nothing is less predictable than the Dutch weather, so it is very likely that we will have colder, cloudy and rainy days as well. Therefore you are well advised to not only bring summer clothes, but also something a little warmer and for example a raincoat.

You will notice that the Dutch love to talk about the weather.

	Day temperature	Hours of sun p/day
June	18 - 22 ° Celsius	6
July	20 - 24 ° Celsius	6
August	20 - 24 ° Celsius	6

Money, Groceries, etc.

For an overview of many useful addresses, take a look at our online directory at <http://www.utrechtsummerschool.nl/index.php?type=directory>.

Getting Around

Public transportation

Most destinations can be easily reached by bus. For information about Utrecht city buses, go to GVU Information Kiosk at the city bus station or telephone OV Travel information: 0900-9292 or visit www.9292ov.nl.

Information about other public services is also available through this number. For bus and tram an OV Chip Card or 'strippenkaart' is required. Buy them at the Central Railroad Station, GVU, Bruna bookshop or tobacco shop. For information on trains: please visit www.ns.nl.

Taxi

- UTC

030 - 230 04 00

www.utc.nl

- Prestige

030 - 287 50 50

Note that taxi services tend to be quite expensive in the Netherlands.

Bicycles

Practically everyone in the Netherlands owns a bike. Because of the flat landscape, a bicycle is an ideal means of transportation. Within the city it is by far the best and cheapest way to travel. Be sure to invest in a good lock as well, otherwise your bike may be stolen.

Never buy a (stolen) bike from someone on the street. This is illegal in the Netherlands.

Emergencies and Medical Information

In case of emergency

In case of accidents or sudden illness requiring immediate action, call the general emergency number 112 (24 hours a day) or the Emergency Service at the hospital nearest to your home. For less urgent (non-medical) matters you call the police at 0900 8844. During day time you can ask your course coordinator for advice. For summer school-related issues, you can also call the Utrecht Summer School office at 030 253 44 00 (24/7), **please use this number after 6 PM only in case of emergency!**

General Practitioner (in Dutch: huisarts)

The General Practitioner administers first line, primary care. Patients can not consult a hospital specialist without a required referral. Please note that international patients are required to pay in cash. The General Practitioner can be consulted after you have made an appointment by telephone or during their consulting hours. Approximately ten minutes are allowed per appointment but you may sometimes have to wait if the doctor spends more time than normal with previous patients. It is possible to ask for a longer appointment in advance if you feel this will be necessary. House calls (in Dutch: visite) are kept to a minimum as they are more expensive. You will need to pay cash, unless you have a European Health Insurance Card.

If you are looking for a doctor, you can go to [Campus de Uithof General Practitioners](#). This practice is located on the Uithof in the Casa Confetti building. They have online services, for instance it is possible to make an appointment online. You can also go to [Symphony](#), a health care center located close to de Uithof where you can find all services combined in one building. You can find an overview of several practices throughout the city in our [directory](#).

Weekend and night services

If you need medical assistance outside of your doctor's office hours, you can contact a Huisartsenpost. Please call: 0900-4501450. A group of GPs usually share these duties and take turns being on call.

Contact information

Utrecht Summer School

Utrecht Summer School
PO BOX 80148
3508 TC Utrecht
The Netherlands

(If you want to give a mailing address to your family and friends at home, you can give them this address.)

Phone: +31 (0)30 253 44 00

(24/7 during the summer. After office hours only in case of emergency)

E-mail: info@utrechtsummerschool.com

Facebook

You might want to join us at [Facebook](#). This is a great way to get in touch with other students.

We look forward to meeting you and hope you will have a pleasant trip! If you have any further questions, please feel free to contact us.